

Life Vision

ACTION PLAN

Get clear on your vision, what you want, and the steps you need to take to make this your best year yet!

Organically Healed  Coaching with Jennifer Smith

www.organicallyhealed.com



DATE:

top 5 Goals

WHAT 5 THINGS
WOULD CHANGE
YOUR LIFE FOR
THE BETTER
IF YOU
ACCOMPLISHED
THEM THIS
YEAR?

How would your life be different
by accomplishing these things?

1. _____

2. _____

3. _____

4. _____

5. _____

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10 Priorities

WHAT 10 PRIORITIES DO YOU NEED TO FOCUS ON CONSISTENTLY TO GET YOU WHERE YOU WANT TO BE BY THE END OF THE YEAR (OR SOONER)

What steps do you need to take for each priority to make it happen?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

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5 Non-Negotiables

WHAT ARE 5 THINGS THAT YOU WILL DO THIS YEAR NO MATTER WHAT?

Success doesn't come from what you do occasionally, it comes from what you do consistently.

This year, regardless of how I feel or what's going on in my life - I will show up each day and do these 5 things!

1. _____

2. _____

3. _____

4. _____

5. _____

